



# PRODUCT INFORMATION

# Lemon Myrtle (Backhousia citriodora)

**Dried Organic Lemon Myrtle Powder** 

Lemon Myrtle is native to the traditional Bundjalung lands of Northern Rivers NSW, where for thousands of years, the first nations people have revered its powerful healing properties. Our Lemon Myrtle is organically grown on the same rich volcanic soil, before being locally harvested and dried using modern drying and milling technology.

With an intense citrus flavour and fragrance it is rich in both vitamins and minerals. It is the highest known source of citral (>90%) and there is extensive scientific evidence demonstrating Lemon Myrtle's anti-oxidant, anti-microbial, anti-viral and anti-inflammatory properties.

#### TYPICAL SPECIFICATIONS

Chemical		
Moisture (%)	≤ 12.0	
Total Citral	> 90%	
Microbiology		
Total Plate Count	< 10 <sup>7</sup> (typical < 10 <sup>5</sup> )	
Yeast	< 10 <sup>4</sup> (typical < 10 <sup>2</sup> )	
Mould	< 10 <sup>5</sup> (typical < 10 <sup>3</sup> )	
E. coli	< 10² (typical < 10¹)	
Coliforms	< 10 <sup>4</sup> (typical < 10 <sup>1</sup> )	
Salmonella	Absent/25g	

## OTHER CHARACTERISTICS

Taste	Intense citrus
Colour	Yellow to green
Certification	Organic, HACCP, Kosher
Allergens	Free from gluten, cereals, crustaceans, eggs, fish, nuts, soy, milk, celery, mustard, lupine, molluscs, sulfites, sesame
Safety	Food grade, suitable for human concumption
Shelf Life	2 years in original sealed bag <30°c (protect from air & light)
Packaging	Food grade poly bag - EU (EC) No. 1935/2004
Provenance	Australia, Northern Rivers, NSW - Bundjalung Nation
GMO	GMO free

#### TYPICAL NUITPITIONAL DATA

Macronutrients	
Energy (kJ/100g)	1100
Calories (cal/100g)	263
Fat (g/100g)	2.9
saturated fat (g/100g)	0.6
Protein (N x 6.25) (g/100g)	8.4
Carbohydrate (g/100g)	25.4
total sugars (g/100g)	4.2
Moisture (g/100g)	< 12
Ash (g/100g)	5.2
Sodium (mg/100g)	20
Micronutrients	
Pottassium (mg/kg)	8700
Calcium (mg/kg)	1800
Magnesium (mg/kg)	2500
Zinc (mg/kg)	8.9
Iron (mg/kg)	68
Vitamin C (mg/100g)	36
Vitamin D (IU/g)	0.5
Vitamin E (IU/g)	69
Total Folate (IU/g)	2.5
Total Dietary Fibre	52

### **Health Claims**

- High in Dietary Fibre to aid digestion
- Antimicrobial and antifungal properties superior to terpene hydrocarbons found in Tea Tree Oil
- Excellent vegan source of Calcium
- Good source of Lutein for eye health, aiding symptoms of macular degeneration
- Great source of antioxidants that provide comprehensive protection from oxidative stress
- Antioxidant capacity higher than blueberry which is a renowned health promoting fruit
- Excellent source of Folate for red blood cell formation and healthy cell growth. Important to all but particularly during early pregnancy
- Excellent source of Vitamins A, E and essential minerals zinc and magnesium for synthesis and self-repair of DNA

## **Features**

- Indigenous to Bundjalung lands, Northern Rivers NSW, Australia – the heartland!
- Farmed exclusively in the heartland both organically and regeneratively.
- Used for thousands of years by Australia's First Nations people for general disease fighting and treating headaches
- Highest known source of plant citral (>90%)
- Available as dried leaf or powder as well as essential oil, hydrosol or floral water
- Highly sought after in modern Food and Beverage applications

# **Product Applications**

- Food both sweet and savoury dishes and products, including; spice blends, curries, marinades, mayonnaise, soups, salad dressings, glazes, cakes, biscuits, yoghurts, sorbets, ice-creams
- Beverage both hot and cold, including; Teas, herbals blends, still and sparkling waters, juices, kombucha
- Cosmetics
- Nutraceutical
- Pharmaceutical

# **Related Products**

- Botanicals: Anise Myrtle, Strawberry Gum, Cinnamon Myrtle, Davidson
  Plum
- Products: Dried leaf, powder, essential oil